

TRIP: Mountain Lassies Enduro Raid 'Dirty Weekend'

ACCOMMODATION: Lodge, B&B

TECHNICAL GRADING: 3

ENDURANCE GRADING: 3

For riders who like things a little edgier, steeper and more technical, the Enduro Raid is a fun-packed weekend of mountain biking action in the UK's enduro epicentre - the Tweed Valley in the Scottish Borders.

This one's based near Peebles, with the luxurious 'Trail House' as HQ for the weekend's schralping!

PLEASE READ THE NOTES BELOW TO ENSURE YOU KNOW WHAT TO EXPECT AND TO BRING.

Please also use the hyperlinks below for maps/directions.

FRIDAY

You'll arrive in the Tweed Valley (hopefully) in time to join us for a takeaway at Trail House and a wee nightcap before settling down for a great night's rest - then the fun begins tomorrow.

- Rendezvous at your [accommodation](#) (check-in is from 17:30)
- Parking: please follow the map for parking location (*caution: space is quite tight - please ask us about car sharing*)
- Please bring lunch supplies, snacks and any alcohol you'd enjoy having at the lodge
- Evening Meal: a take away from one of the local favourites
- Please confirm your ETA with the office in advance

SATURDAY

After breakfast, we'll be hitting the trails for an introduction to our tight, twisty singletrack heaven. The variety of riding here is huge, and the quality is consistently nuts! When the sun is shining the Tweed Valley's ridgelines offer riders a commanding perspective of Scotland's wee mountain biking kingdom.

That evening, we'll retreat to Trail House and enjoy some great grub, a tasty ale and the buzz from shredding some of the funnest descents anywhere.

Go-Where Scotland

Old Staging House, Millbank Road, Clovenfords, Selkirkshire, TD1 3LZ, Scotland, UK

T: +44 (0)1896 850361 | M: +44 (0)7713152855 / 1773 | E: info@go-where.co.uk

SUNDAY

Just as you think you're getting on top of the riding, we'll see if we can't pull out a few more surprises to keep you on your toes. Five minutes out the door of your fantastic accommodation, you'll be picking up your second taste of what's on offer in the Tweed Valley. We'll take it easy on the climbs, keeping plenty in the tanks for the good bits. Tight, rooty, steep singletrack descents are the rewards for some serious climbing!

If your appetite for new adventures still isn't satisfied then we still have some treats in store, or revisit your favourite spot so far to have another crack at that tricky corner.

BIKE TRANSPORTATION

- If we use the vehicle, bikes are securely carried (fully-assembled) and attached to our custom Burtech trailer
 - We always recommend guest bikes are fully insured
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ACCOMMODATION

We use the best accommodation available to suit the trip. This trip is based at Trail House, Glentress on a twin room/shared basis. Towels and bedding are provided.

FOOD & DRINK

Your trip is offered on a bed and breakfast basis. After arriving on Friday night, we'll all get together and order up a take away - it'll give us a chance to get to know each other and chat through the weekend ahead.

- Lunches: we recommend you bring lunch and snacks for Saturday & Sunday (for packed lunches on the rides, or depending on routes we may enjoy a great cafe stop)
- Evening Meals: meals can be enjoyed in the local bars / restaurants, or depending on accommodation type, may be prepared in the self-catering accommodation facilities
- Guests are also welcome to use the full kitchen facilities available at Trail House
- Budget: we recommend a budget of £20 to £35 per person per day to cover Friday's takeaway meal, Saturday's evening meal, coffees and cake and alcohol depending on how much partying you enjoy!

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DAILY SCHEDULE

At Trail House,, after dinner or breakfast we'll discuss what's in store for the day ahead. Because the weather plays such a big part in which routes we ride, and for how long we'll be out riding, sometimes we have to modify the itinerary.

TRIP GRADING

Please read the following guidelines carefully to ensure the mountain bike holiday is suited to your skill and fitness. If you are unsure if the trip is right for you, please contact us .

TECHNICAL RATINGS

The trip is recommended for Level 3 riders. The goal of the Technical Rating is to understand the ability of the rider as it pertains to obstacles, conditions and trail design. This means it has nothing to do with your physical endurance, but is instead strictly a measure of your technical ability.

Rating 3

You are a confident mountain biker and have been riding technical terrain for at least 2 years including exposed singletrack and rough landrover track, on uneven, loose and frequent steep gradients, with frequent variation in trail surfaces from rocks to roots. You are comfortable riding on trails approximately 12 inches wide that vary greatly in their stability and may be unpredictable including loose rock. You are comfortable regularly traversing unavoidable obstacles such as roots, rocks, logs and drop offs up to 15 inches tall, and some obstacles encountered may exceed that.

ENDURANCE RATINGS

The trip is recommended for Level 3 riders. The goal of the Endurance Rating is to understand the ability of the rider as it pertains to overall physical endurance.

Rating 3

You are an avid mountain biker riding twice a week or more, and the weather isn't a big factor for you. You are at an above-average fitness level, and regularly do other activities that qualify as exercise. You usually find yourself riding for 3 hours on the trails, you'll ride on consecutive days, and you ride at a moderate pace.

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SUITABLE BIKES

A fully serviced 3 - 6 inch travel full suspension bike with dropper seatpost and hydraulic disc brakes is recommended.

It's entirely possible to take part in our trips on more modest setups or hardtails but we find that the added comfort and confidence of a full suspension trail bike is a real asset, and enhances the overall experience.

RENTAL BIKES

If you've hired a bike, for your safety and comfort we always recommend bringing your own helmet and pedals.

For those renting bikes, as we are experiencing an increasing amount of bike theft - we must therefore stress that the rental agreement you will complete on collection of the bikes requires that you are fully responsible for the bikes (loss, damage or theft).

As such, please avoid leaving bikes unattended or unlocked at any time, for example, during lunch stops, at your accommodation, visible in/on rental vehicle etc as we are seeing more and more opportunistic theft of high value mountain bikes in line with the growth and popularity of the sport.

ESSENTIAL GEAR

Our recommendations are based on many years experience of riding in Scotland, and regardless of season we recommend that you prepare for a wide range of conditions and temperatures – that way you'll be fully prepared and get the most from your trip.

Please also note that mechanical failures do happen (if you're prone to breakages, please bring spares) - so here are our kit suggestions (please note the list is not exhaustive):

- 16 - 20 litre+ backpack (i.e. sufficiently large for you to carry your gear and foodstuffs, plus any group shared kit that will be divided up e.g. storm shelter, long-range radios) e.g. [EVOG](#) Enduro
- Fully serviced bike in good working order with fresh brake pads
- Cash and credit card (access to cash machines is limited in some locations)
- Cycling glasses / protective eyewear
- Cycling gloves
- Cycling shoes (with cleats) or flat pedal trainers (hire bikes come with flat pedals; if you want to use spd's please bring your pedals with you)

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- [Helmet](#) is essential
- Inner tubes (Presta valves x 4 minimum) or spare sealant if running tubeless tyres
- Leggings or long trousers (not cotton) for riding
- Padded cycling shorts
- Personal first aid and medication you require (the office must be informed of relevant medical history prior to the tour)
- Protective Gear (knee/shin pads): we wear soft knee pads as a precaution
- Pump & shock pump
- Riding socks
- Snacks / energy bars / drinks
- Sufficient base layers including long sleeved tops
- Tools / spares / lubricants specific to your bike (including wet lube, brake pads x 2 sets minimum, chain power links, gear cables, replacement gear hangers, puncture repair kit, and tyre boot for repairing torn tyres)
- Tyres: dependable robust all-mountain tyres are a must (not flimsy/lightweight XC tyres); tubeless recommended
- Warm clothes: fleece top, lightweight fleece jacket or gilet, warm fleece hat or buff
- Warm cycling gloves e.g. Sealskinz
- Water bottle or hydration system
- Waterproof [jacket](#)
- Waterproof [socks](#)
- Waterproof trousers / [shorts](#)

DESIRABLE GEAR

- Dropper Seatpost
- Camera (waterproof case is a good idea)
- Sun protection
- Lip balm
- Insect repellent (we suggest 'Smidge') and midge net (hood)
- Torch or head torch
- Waterproof overshoes
- Earplugs (especially useful in group accommodation)

ACCOMMODATION

Trail House

4 Eshiels Steading

Peebles EH45 8NA

[Location \(click link for directions map\)](#)

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CONTACTS

Aneela McKenna (MTB Guide/host): 07713151773

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